

# **Shippensburg Community Resource Guide**

*Social services and related programs located in Shippensburg,  
Pennsylvania.*

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*This resource guide was produced by the Shippensburg Community Resource Center with special thanks to  
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## Disclaimer

The SCRC is not responsible for errors or omissions. Organizations and programs included in this directory are in no way endorsed by the SCRC or an indication of skills or competence. The SCRC attempted to include all agencies and programs that were known and wished to be included.

## Purpose of the Guide

This resource guide was produced by the Shippensburg Community Resource Center (SCRC). The SCRC was developed from a group of community stakeholders who explored the need for a homeless shelter in 2009. This original committee has grown to a group of over 75 people who are interested in establishing the SCRC. The purpose of the SCRC is to provide a central location for access to social services and youth programming. This guide was created and developed to make it easier to identify social services that are available in Shippensburg.

One of the reasons that the SCRC developed is because the town of Shippensburg is partially in Cumberland County and partially in Franklin County which can lead to confusion about how and where to access social services. There are many services available in the neighboring towns of Carlisle and Chambersburg. Both counties have their own guides to social services so this guide focuses on the services that are available in the town of Shippensburg. For additional resources in Franklin and Cumberland Counties please refer to the county websites for their resource guides.

**Franklin County Resources** – Go to <http://www.co.franklin.pa.us> and use the “county quick links” drop down menu to select “Guide to Basic Needs Assistance” or “Where to Turn for Help Booklet”

**Cumberland County Resource Guide** – go to <http://www.ccpa.net/> and use the “Government” tab, then “Health & Human Services” then select the page for “Aging and Community Services.” Click on the link for the “Beginners Guide to Human Services” and download the document by clicking on the link.

To update or add information, please contact the SCRC at 717-477-9100.

## **Clothing Assistance**

### *Christ United Methodist Church*

47 East King Street, Shippensburg PA 17257

Clothing Bank on Saturday Mornings from 9am-11am, Call for more information.

532-6850

<http://www.christumcshipp.org/>

### *Church of the Brethren- Ridge Church*

1095 Ridge Road, Shippensburg, PA 17257

Hours, Wed-Friday: 9am-2pm or call for more information.

423-5228

### *Trinity Methodist Church*

116 W. Main Street Walnut Bottom Rd, Shippensburg PA 17257

Open 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays & Saturdays 9am-12pm or call for more information.

532-7606

<http://www.trinitywb.org/index.html/>

## **Drug and Alcohol Services**

### *Roxbury Treatment Center*

601 Roxbury Road Shippensburg, PA 17257

Provides detoxification and inpatient drug and alcohol treatment intervention. Accepts most private insurance plans and medical assistance. Some plans require a pre-authorization of payment for services, so it is best to contact the facility first for some direction about how to access their program with insurance as the payment method.

Roxbury staff can also be contacted directly for information about how to access these services and are available 24 hours a day.

800-648-4673

<http://www.roxburyhospital.com/>

### ***Alcoholics Anonymous (AA) Meetings in Shippensburg***

Mondays 8:00 pm – 9:00 pm

Unity Group

St. Andrews Episcopal Church

27 N. Prince Street

Closed Discussion Meeting

Thursdays 7:30 – 8:30 pm  
Unity Group  
222 North Queen Street  
Open Discussion Meeting

Fridays 8:00 – 9:00 pm  
Unity Group  
1<sup>st</sup> Church of God Annex  
N. Prince and East King Streets  
Open Meeting; Big Book

### ***Al-Anon Meetings in Shippensburg***

222 North Queen Street Ext.  
Open meeting for anyone loving an addict/alcoholic.  
Thursdays 8:00 – 9:00 pm

### ***Narcotics Anonymous (NA) Meetings in Shippensburg***

Mondays, Wednesdays, Saturdays, and Sundays 8:00 – 9:00 pm  
Fridays 12:00 – 1:00 pm  
The Truth Will Set You Free Group  
25 S. Penn Street  
Meeting is across the street from Messiah  
United Methodist Church  
Open Discussion Meeting; Non-smoking

## **Education**

### *Drew Michael Taylor Foundation*

Ready, Set, Go! Early learning program offered by the foundation.  
Held on weekday evenings in Fall & Spring evening at Shippensburg Area School District.

Designed to help parents learn how to be their child's first teacher as well as offer activities for children.

Contact for more information.

532-8922 or [www.drewmichaeltaylor.org](http://www.drewmichaeltaylor.org)

*Shippensburg Head Start Program (Preschool)*

Cora I. Grove Spiritual Center, Shippensburg University

The Shippensburg Head Start Program provides the opportunity for children of low income families to develop intellectually, socially, and physically. We work together in partnership with families to help the preschool child achieve success in learning and life.

Offering center base and home base options for education

No Fee; Enrolling children whose family meet federal Income guidelines.

Service 3-5 years old

477-1626 8:00-4:00

<http://www.ship.edu/headstart>

*Hope Reformed Presbyterian Church*

123 Walnut Bottom Road, Shippensburg PA 17257

Free GED classes plus a free dinner (Fall & Winter Classes) Winter Evenings for 12 wks.

532-8998

<http://hopechurchpca.com/index/>

*Memorial Lutheran Church*

The corner of Orange and Penn St.

Blessing of the Backpacks

Provides pencils, rulers, erasers, backpacks, etc.

Call between 8am-1pm for more information.

Runs through end of August-September

532-4614.

<http://www.shipfcog.org/>

*Shippensburg Public Library*

73 W. King Street

Mon. 9am-9pm, Tues. -12pm-9pm, Wed & Thurs. 9am-9pm, Fri. 9-5pm, Sat. 10-5pm

532-4508

<http://www.cumberlandcountylibraries.org/index.aspx?nid=91>

## **Employment/Income/Training**

*Community Action Commission*

130 S. Penn St., Shippensburg PA 17257

Provides extensive, ongoing case management services to Shippensburg, Newville, & Carlisle area persons seeking to attain &/or maintain permanent employment.

532-8611

<http://www.cactricounty.org/>

## **Financial Assistance**

*Franklin County Assistance Office (Welfare Office)*

620 Norland Ave., Chambersburg, OA 17201

(SNAP, Cash Assistance, Medical Assistance, LIHEAP, etc.)

264-6121 or 800-921-8839

[www.compass.state.pa.us](http://www.compass.state.pa.us)

*Cumberland County Assistance Office*

240-2700 or 800-269-0173

[www.compass.state.pa.us](http://www.compass.state.pa.us)

*Christ Among Neighbors (CAN)*

130 S. Penn St., Shippensburg, PA 17257

Serves Shippensburg School District and the Village of Walnut Bottom

The primary assistance is in utility and rent after all other possible assistance is used.

Interviews are every Saturday from 9AM-10AM. Call for more information.

532-7577

## **Food Assistance**

*Christ United Methodist Church*

47 East King Street, Shippensburg PA 17257

Breakfast on Saturday mornings from 9am-11am

2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month provides a free meal, Doors open at 5pm and begin serving dinner at 5:30pm. They also have a water ministry from May-August. Free water is available on the steps of the church.

532-6850

<http://www.christumcshipp.org/>

*Grace United Church of Christ*

121-123 East Orange Street, Shippensburg PA 17257

Serves Meals on the 3<sup>rd</sup> Monday of the month, 5:30-6:15pm April-June. Call for more information.

532-6221

<http://church-of-christ.org/>

*King's Kettle Food Pantry*

30 North Fayette St., Shippensburg, PA 17257

First 3 Tuesdays of the month, 5-6:30 PM

530-9200

*Meals on Wheels*

532-4904

*Memorial Lutheran Church*

34 East Orange St, Shippensburg PA 17257

Provides free Sunday lunch on the 1<sup>st</sup> Sunday of the month from October-June

532-4614

<http://www.shipfcog.org/>

*Oasis of Love*

303 South Washington Street, Shippensburg PA 17257

Provides Emergency Food throughout the year.

Mondays & Thursdays 11am-12pm provides baked goods, bread and groceries to those in need. Call for more information.

532-5112

<http://www.oasisoflove.net/>

*Prince Street Brethren Church*

20 N. Prince Street, Shippensburg

Free dinner 3<sup>rd</sup> Thursday of the month in Fellowship Hall, 5:30pm

532-8408

*Shippensburg Church of Brethren*

253 East Garfield St. Shippensburg, PA 17257

5:30-6:30 Every Wednesday

Phone: 532-6526

*Shippensburg First Church of God*

5 North Prince Street, Shippensburg PA 17257

Located in the Annex Building.

“Kitchen of Grace”

Friday 4pm-6pm. Free meal to anyone in the community that would like to attend. Can dine in- or take-out. Call for more information.

532-8421

<http://www.shipfcog.org/>

*Shippensburg Produce and Outreach (SPO)*

130 South Penn St., Shippensburg, PA 17257

Provides fresh produce and senior boxes of food.

First, Second and Third Tuesdays of the month at King’s Kettle, 30 N. Fayette St., 5-7pm

Fourth and Fifth Tuesdays of the month at Katie’s Place, 130 S. Penn St., 4:30-6 PM

477-9100, <http://shipout.org/>



Womens, Infants, Children W.I.C.

*Grace United Church of Christ*

121-123 East Orange Street, Shippensburg PA 17257

Serves to safeguard the health of low-income pregnant, postpartum, and breastfeeding women, infants, and children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating including breastfeeding promotion and support, and referrals to health care. The W.I.C. of Cumberland County is in Shippensburg for follow-up appointments only once a month at the Grace United Church of Christ.

First Tuesday, 8am-3:30pm

243-0523

<http://www.fns.usda.gov/wic/>

## Health Care

*Everyone's Vision Can Change With Age*

Shippensburg Lions Club Vision Program

Serves Shippensburg School District Residents.

This program covers free eye exam with a doctor at Alleghany Optical or Wal-Mart Optical. There is no age restriction. There is a 2 year waiting period to re-apply again for another eye exam.

For more information, contact Melissa Varner.

717-532-4132

*Grace United Church of Christ*

121-123 East Orange Street, Shippensburg PA 17257

Well Baby Clinic (State Vaccination Clinic) 1<sup>st</sup> Tuesday of Each Month, 9am-12pm (Immunizations & Physicals), Must make an appointment.

532-6221, <http://church-of-christ.org/>

*Shippensburg Community Nurse*

King Street, Shippensburg PA 17257

Serves the Shippensburg School District.

Free home medical visits for adults, 18 and older. Participants must have a primary doctor. Can see anyone with a local Shippensburg phone number. Call for more information.

530-7900

<http://www.shippensburgcommunitynurse.org/>

*Shippensburg Family and Walk-In Care*  
46 Walnut Bottom Rd., Shippensburg, PA 17257  
Mon. – Fri. 8 AM – 8 PM, Sat. & Sun. 1 -5 PM  
Private insurance, Medical Assistance, self-pay  
530-5117

## **Housing-Some with Possible Waiting Lists**

*Chateau Terrace Apartments*  
304 N. Fayette Street, Shippensburg PA 17257  
532-7991

*Cottages of Shippensburg*  
300 Dwelling Court, Shippensburg PA 17257  
Offers 2 bedroom cottages to individuals with a maximum income limit based on number of people in household  
530-1573

*Deerfield Commons:*  
100 Deerfield Lane, Shippensburg PA 17257  
530-5111

*Episcopal Square*  
101 N. Prince St., Shippensburg PA 17257  
Provides one bedroom & efficiency housing to low income elderly & disabled persons  
530-1277

*Farmington Manor*  
353 Farmington Drive, Shippensburg PA 17257  
Must be income guidelines.  
532-3444

*Raystown Crossing Apartments*  
1000 Raystown Circle, Shippensburg PA 17257  
Must meet income guidelines for 2, 3, or 4 bedroom.  
530-1341

*Roxbury Ridge Apartments*  
100 Meadow Drive, Shippensburg PA 17257  
532-9425

### *Shippen Place*

10 Hollar Ave., Shippensburg PA, 17257  
(Ages 62 & up- 1 & 2 bedrooms only)  
532-7885

### *Village of Timber Hill*

100 Timber Lane, Shippensburg PA 17257  
1 bedroom apartments, 2 & 3 bedroom townhouses.  
532-2040

## **Mental Health/Behavioral Health/Counseling**

### *Cumberland/Franklin Counseling Services*

9076 Possum Hollow Road, Shippensburg, Pa 17257  
717-532-2196

Individual, family, and couples counseling. Children, adolescents, and adults. Day and Evening appts available. Most insurances accepted.

### *Drew Michael Taylor Foundation*

Offers 3 programs for counseling.

1. Bereaved Parents Support Group: 1<sup>st</sup> Tues of Month from 7:30-9pm at Timothy House Annex at Messiah United Methodist; 30 South Penn Street. Open to parents grieving the loss of a child of any age.
2. Drew's Hope: Free, 7 Session grief & loss support program for children, teens, & families. Held every fall & spring at Shippensburg University.
3. Ready, Set, Go! (listed in education section)

Contact for more information or visit [www.drewmichaeltaylor.org](http://www.drewmichaeltaylor.org)  
532-8922.

### *Growing Edges Community Counseling*

Shippensburg University

1st Floor, Shippen Hall, Shippensburg, PA 17257

Provides free outpatient services to children, adults, couples, and families, offered by graduate students. Scheduled by appointment only. See their website for more information, [www.ship.edu/growingedges](http://www.ship.edu/growingedges)

477-01248 or fax 477-4078 or email [growingedges@ship.edu](mailto:growingedges@ship.edu)

[http://www.ship.edu/Growing\\_Edges/](http://www.ship.edu/Growing_Edges/)

### *Naugle Counseling Services*

119 Lurgan Avenue

Individual and group therapy sessions. All individual sessions are 50 minutes, all group sessions are 90 minutes. Provides discount rates for prepaid sessions in blocks of 3, 6, and 10 sessions. Group sessions are discounted if prepared for the 10 week block of time. Payment is expected at the time of service (Cash, checks, money orders, credit/debit cards accepted). Office hour by appointment.

729-3895; fax 477-8800; email [lory@nauglecounseling.com](mailto:lory@nauglecounseling.com)

<http://www.nauglecounseling.com/>

### *Roxbury Treatment Center*

601 Roxbury Road, Shippensburg PA 17257

Offers a psychiatric facility.

800-648-4673

<http://www.roxburyhospital.com/>

### *Sexual Assault/Rape Crisis Services of Cumberland County, YWCA Carlisle*

24-hour crisis hotline: (717)258-4324 or 1-888-727-2877

Counseling available at Katie's Place by appointment

### *Valley Counseling and Consulting*

114 Pugh Drive, Shippensburg

717-532-7338

Individual, family and relationship counseling. All ages, 12 and under with adult participation. Day & evening appointments available.

## **Pregnancy Services**

*P.M.I., Pregnancy Resource Center*

20 E. Burd St., Shippensburg PA 17257

Offers free services for the following: Pregnancy tests, S.T.D. testing (Chlamydia & Gonorrhea), Ongoing support services for those carrying to term. Can also provide referrals for a first trimester ultrasound, call for more information.

717-532-4446

<http://pregnancyministries.org/>

## **Prescription Assistance**

*Target, WalMart, Sam's Club & Wegman's*

\$4 Prescriptions

See if your medication qualifies by checking the lists at

[www.target.com](http://www.target.com), [www.walmart.com](http://www.walmart.com), [www.samclub.com](http://www.samclub.com), [www.wegmans.com](http://www.wegmans.com)

# Temporary Employment Agencies

## *Manpower*

300 S. Fayette St., Shippensburg PA 17257

For Shippensburg Office: 532-2060

For Chambersburg Office: 264-7844

<http://www.manpower.com/>

# Transportation

## *Raider Regional Transit*

Free to senior citizens w/ Commonwealth ID card & to Shippensburg University Students w/ Student ID. Call for additional information.

530-8891

<http://www.ship.edu/rrt/>

## *CAT System from Wal-Mart*

<http://www.cattransit.com/routes-schedules/>

Capital Area Transit operates a bus service that leaves the Shippensburg Wal-Mart for the Harrisburg Transportation Center (Amtrak Train Station) Monday thru Friday, except on State and Federal holidays. The one-way adult fare is approximately \$2.95 (Exact change is required).

- Leave Walmart 5:40 a.m.; Arrive Harrisburg 6:45 a.m.
- Leave Walmart 6:40 a.m.; Arrive Harrisburg 7:45 a.m.
- Leave Walmart 4:40 p.m.; Arrive Harrisburg 5:40 p.m.
- Leave Walmart 5:00 p.m.; Arrive Harrisburg 6:00 p.m.

Harrisburg to Shippensburg: Leave the Market Square Transfer Center in Harrisburg for the Shippensburg Wal-Mart Monday thru Friday, except State and Federal holidays. The same fares as above apply.

- Leave Harrisburg 3:35 p.m.; Arrive Walmart 4:49 p.m.
- Leave Harrisburg 4:05 p.m.; Arrive Walmart 5:19 p.m.
- Leave Harrisburg 4:40 p.m.; Arrive Walmart 5:50 p.m.

*County Transportation for medical appointments for those on medical assistance – see relevant county website for more information.*

## Utilities Available/Assistance

### *Project Helping Hands*

For Adam's Electric Client's only. This program serves customers of Adam's Electric within the Shippensburg Area School District. The program helps pay for client's one time a year, if they are income eligible. Call the SCCAP Emergency Services Department for more information.

263-5060 ext. 252

<http://www.adamsec.com/>

### *Low-Income Home Energy Assistance Program*

(LIHEAP) (Winter months only)

Based on income, assists with source of heat only

866-857-7095, [www.compass.state.pa.us](http://www.compass.state.pa.us)

### *Penelec Pennsylvania Customer Assistance Program (P.C.A.P.)*

A program for low income customers of Penelec.

800-207-9276

### *PPL Electric: On-Track Program*

1515 Derry Street, Harrisburg PA

A program assisting families at 150% poverty guidelines to lower their monthly bill payments and debt forgiveness.

232-9757

*Public Utility Commission* (conservation tips and resources): 1-800-692-7380,

[www.puc.state.pa.us](http://www.puc.state.pa.us)

### *Warm Energy Conservation Program*

For Met Ed/Penelec customers to help save energy and money by reducing their energy consumption. This is done by installing energy-saving home improvements in the home and by educating family members on ways to lower their electric usage.