



Mental Health Association

MHA OFFICES

Franklin County
478 Grant St.
Chambersburg, PA 17201
717-264-4301

Fulton County
301 E. Maple Street
McConnellsburg, PA 17233
717-485-4642

Information & Referral
717-264-4301
info@mhaff.org
www.mhaff.org

Help Line
717-264-2916
866-593-8351

Mission Statement
To actively help and promote mental wellness through advocacy, education, prevention, social action, supportive employment and support of research and legislation.

Vision Statement
The Mental Health Association envisions a just, humane and healthy society in which all people are accorded respect, dignity and the opportunity to achieve their full potential free from stigma and prejudice.

PRESS RELEASE

RELEASE: IMMEDIATELY

So many tributes and comments have been made today regarding the loss of Robin Williams to suicide. In their press release today the National Council for Behavioral Health said it so well: "We lost an incredible icon yesterday. A man, a comic, a dramatic, Robin Williams brought us such joy and laughter, but in the end, found himself alone in the darkness of depression. If there's any lesson to be learned in this tragic loss, it is that suicide is an equal opportunity killer. Depression, mental illness and addiction can happen to anyone, anywhere."

"Since 1999, suicide among middle aged men has risen dramatically, according to the CDC — 27% to be specific. And, overall, suicide takes twice as many lives as homicide. Yet, it has the potential to be preventable. With better research, better identification, and better access to the right treatments and supports, we can prevent many of these unnatural deaths."

"This is a sad time. Our hearts go out to Robin Williams' family and friends and to all of us who have lost the laughter he brought into our lives."

Statistics in the Commonwealth reveal that there are 12.4 deaths per 100,000 population each year from suicide. It is among the top ten causes for death. Here in Franklin County an alarming statistic from the recent Community Health Needs assessment conducted by Summit Health revealed that 30% of our adolescents struggle with depression.

Resources are available locally to help those with thoughts of suicide and depression along with training for those who wish to be better prepared to help identify and intervene with those at risk of suicide. QPR- Question, Persuade & Refer is an evidence based practice that takes just 2 hours to learn.

Call the Mental Health Association at 717-264-4301 for further information.



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COMMUNITY RESOURCES

For Immediate Crisis Intervention

- 911
- Crisis Intervention Services Franklin/Fulton (24 hours) 717-264-2555
1-866-918-2555

Suicide Hotline

- National Suicide Prevention Lifeline (24 hours) 1-800-784-2433
1-800-273-8255

HelpLine

- Warmline- phone support (Wed., Fri., Sat., Sun. 5pm – 10 pm) 1-800-593-8351
717-264-2916

Poison/Overdose

- Poison Control (24 hours) 1-800-222-1222
- Central Pennsylvania Poison Center 1-800-521-6110

Mental Health Services

- Franklin/Fulton County Mental Health (8:30 am – 4:30 pm Monday - Friday) 1-800-841-3593
- The Mental Health Association (9:00 am – 5:00 pm Monday - Friday) (717) 485-4642
(717) 264-4301

Drug/Alcohol Services

- Alcoholism Helpline 1-800-527-5344

Victim Services

- Women In Need 717-264-4444
1-800-621-6660